

**PRESCHOOL
TRANSITION
GUIDE**



Project management

First Nations Education Council (FNEC)

Contributions

First Nations of Quebec and Labrador Health and Social Services Commission (FNQLHSSC)
Institut Tshakapesh
Members of the First Nations Early Childhood Regional Committee

Translation

Chad O'Brien

Illustrations

Marie-Ève Gagnon

Graphic design

Geneviève Bérubé

Photo credits

Freepik, Marc Tremblay, Patrice Gosselin and Thinkstock

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All requests must be sent to the FNEC by mail or by email at the following addresses:

First Nations Education Council
95 Rue de l'Ours
Wendake, Quebec G0A 4V0
Tel.: 418-842-7672
www.cepn-fnec.com

ISBN Web version: 978-1-77315-245-5

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PURPOSE OF OUR PROGRAM

"It takes a village to raise a child."

Little Feathers is a program that prepares children as they transition to school life. With the support of parents, grandparents, children, schools and community services, we achieve a common goal: Preparing children for a successful and pleasant first year of school!



You are your child's first teacher!

Family involvement helps children to succeed, both in school and in life.
You can help them in the following ways:

- Explore and discover new things together;
- Speak with them in your first language;
- Foster their independence by encouraging them to make choices and decisions;
- Celebrate learning with them.

Your involvement is important!



Our Key Messages

**TALKING
TOGETHER**

**SINGING AND
DANCING TOGETHER**

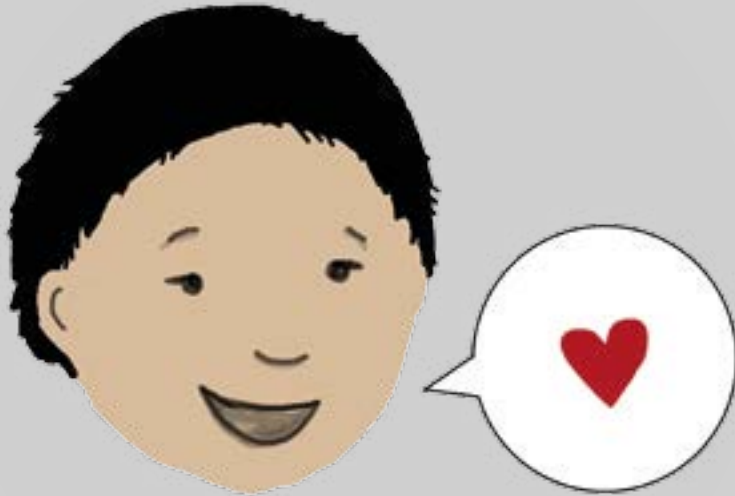


**READING
TOGETHER**



**EXPLORING
TOGETHER**





TALKING TOGETHER!

Developing language through play is a very effective way to develop relationships between parents and children. Here is a list of activities that you can do with your children to develop their language skills.

A few activity ideas using the contents provided in the bag:

- Count the number of coloured pencils;
- Name the colours using the coloured pencils or colour cards;
- Explore numbers and letters by asking your child to repeat after you;
- Spell your child's first name with the magnetic letters and have them spell it out;
- Create a memory game using the cards, scissors and pencils. Take the colour cards, shuffle them and draw a colour and then give the child 30 seconds to find as many objects as possible in the same colour;
- "The Child from the 4 Directions" memory game.



Other activity ideas:

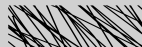
THE YES OR NO QUESTIONS GAME

- Place an object in a box and position it so that the child cannot see the object in question.
- The child must ask yes or no questions, such as:
 - Is it alive?
 - Is it soft?
 - Is it food?
- Of course, you can switch roles!



THE BATTLE CARD GAME

- Take a deck of cards and remove the jacks, queens and kings to simplify things for the child.
- Deal the cards evenly: 20 cards to the parent and 20 to the child.
- Place the cards in facedown piles so that no one can see the card values.
- Both players flip the first card simultaneously and the player with the highest value card takes both cards.
- Repeat until there are no more cards.
- When the cards have the same value, another card is flipped and the player with the highest value card takes all four cards.
- The player with the most cards at the end wins the game.
- To make the game easier, it is also possible to only keep the cards from 1 to 5.



SINGING AND DANCING TOGETHER



Singing and dancing with children helps them to develop their language skills and enhance their memory. It also gives children an opportunity to concentrate while engaging in physical activity and having fun.

Here are some activities that you can do with your child:

- With musical instruments such as drums or rattles, have fun making different rhythms that your child can imitate;
- Go outside with your child to make them aware of the surrounding sounds while walking in the forest or listening to singing birds or the flowing river;
- You can ask your child to finish a song using their imagination. You can also ask them to find words that rhyme with the last word of a nursery rhyme;
- You can make up some gestures associated with a nursery rhyme (guaranteed fun for everyone).

We have created a YouTube link with nursery rhymes from different nations for you:

https://www.youtube.com/playlist?list=PLie8DCLonF4EpiN4F_6fg07cNi57S_hv2



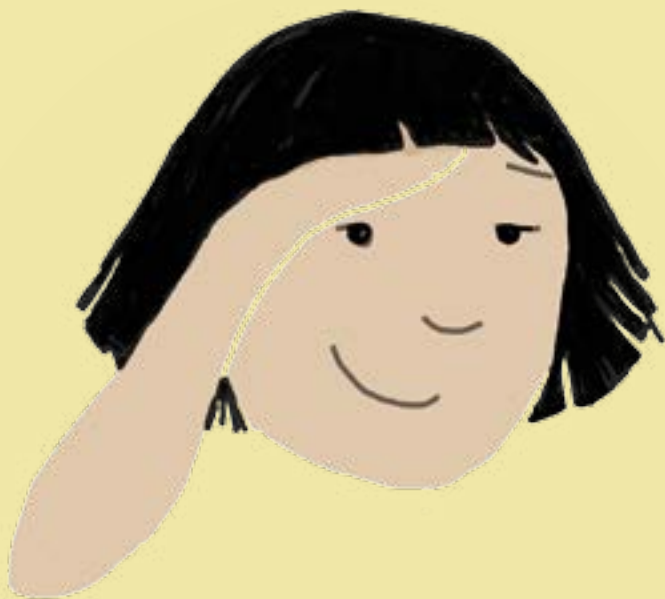
Using your smartphone, enter the QR code.

EXPLORING TOGETHER

Looking and listening

Mother Earth is brimming with opportunities to explore. Children love to experience the sights, scents, sounds and textures of the outdoors.

- Collect and count different things that may be found outside.
- Look at different things outside and ask your child what they want to know about them.

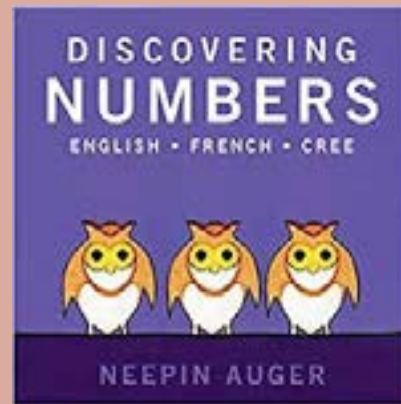
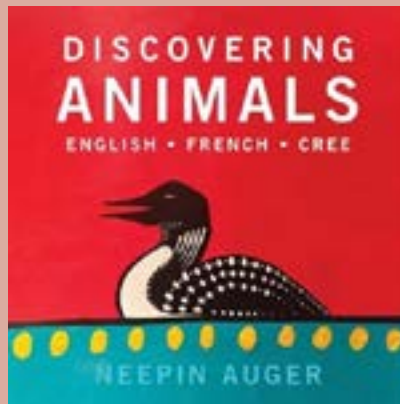


READING TOGETHER

- After having read the books together, ask your child which book they liked the most.
- Which words in the books can you translate into your own language?
- Using the letters provided, spell out your favourite words from these books.
- As you read together, ask your child what other animals come to mind starting with the same letters as in the books.
- As you read *Discovering Animals together*, ask your child what sounds each animal makes.



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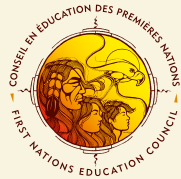
NO-COOK PLAYDOUGH

- 1 cup of salt
 - 2 cups of flour
 - 1 cup of water
 - 3 tablespoons of vegetable oil (or glycerin)
 - Food colouring to obtain the desired colour
- One after another, mix all the ingredients together in a large bowl.

We encourage you to do this activity with your child to develop fine motor skills.



A collaborative project by



FIRST NATIONS OF QUEBEC
AND LABRADOR HEALTH
AND SOCIAL SERVICES
COMMISSION

Thank you to the schools and parents.

